

WHY WE SHOULD CONSERVE WATER

Morgan Real

4th Grade

Water is very important to everything on the earth. It's important for birds, fish, humans, and everything else that needs it. There are three major reasons why water is important.

The first reason that water is important is because it helps you stay healthy. Water helps us keep our blood clean. If the only liquid we had to drink was soda, then our blood would be filled with sugar.

Next, water is important because it helps us stay clean. If we don't clean ourselves, we would have lots of germs all over our skin. So if we shook somebody's hand, we could have given him our germs.

Finally water is important because it helps us stay alive. I looked on the internet and found these facts about water and our bodies.

*

"The human body is more than 60 percent water. Blood is 92 percent water. The brain and muscles are 75 percent water, and bones are about 22 percent water."

It also said that humans can survive only about a week without water, but they can survive for about a month without food.

* waterinfo.org

So if people are not hydrated, sometimes they will die. Our blood needs water. Without water our cells will lose energy and die.